



# AT LARGE

December–February 2018

St. Charles Public Library News for Large Print Readers

## Let it Snow!



Do you have low vision or difficulty with mobility that prevents you from visiting the Library during the winter months? Outreach Services can help! We make deliveries to area senior facilities and can deliver to your home. We will select materials based on your reading tastes. Enjoy library materials all winter long without stepping inside the Library. This service is available to residents of the St. Charles Public Library District who have difficulty getting to the Library due to mobility, prolonged illness, low vision or recent surgery.

Happy Holidays from Outreach Services!

David J. Kelsey  
Outreach Services Librarian

## Programs

Find below a sampling of upcoming programs at the Library. For more information, refer to ***Discover Your Library***, our news and event guide, or ask a Library staff member for details!

### Sunday Concert Series

Sundays • 2:00 p.m.  
Carnegie Community Room  
**DROP IN**

\* Designates a classical concert funded through donations to the St. Charles Public Library Foundation.

\*December 10 – Elgin Youth Symphony Orchestra's acclaimed Chamber Music Institute presents the Sterling Brass Quintet as they perform classical chamber works.

January 14 – Dave Seagren and Tropical Sound Steel Band Trio brings the spirit of the Caribbean Islands to life with a variety of tropical music styles including reggae, calypso, soca, Latin and pop.

\*January 28 – Bel Sonore Chamber Ensemble will perform music from the early baroque era to jazz standards.

\*February 11 – Vocalist Gavin Coyle, flutist Carlyn Lloyd and pianist Jon Warfel perform songs from the Great American Songbook

\*February 25 – Flute Sonatas with Scott and Steve: Scott Metlicka, Elgin Symphony flutist, and Stephen Squires, pianist and Resident Conductor of the Elgin Symphony, will perform masterworks by Poulenc, Bach, Hindemith and Prokofiev.



## Monthly Computer Classes



### Notes:

- Classes are open to St. Charles Public Library cardholders only.
- A \$10 refundable cash deposit is required at the time of registration.
- REGISTER at the Adult Reference Desk.
- Class size is limited to 10 people.
- Class cancellations will be posted in the Library and on our website.

For complete class descriptions, please visit the Reference Desk or our website: **[scpld.org/computer-classes](http://scpld.org/computer-classes)**.

Successful completion of Computer & Internet Basics is a prerequisite for all other computer classes offered OR ask at the Reference Desk for our checklist to see if you are confident enough with basic computer skills to skip this requirement.

**No classes in December.**

**January registration begins  
Sunday, December 17 at  
noon**

**iPad / iPhone for Beginners**

Monday, January 8  
6:30–8:30 p.m. (Part 1)

Tuesday, January  
9:30–8:30 p.m. (Part 2)

**Introduction to Google  
Drive**

Monday, January 22  
6:30–8:30 p.m.

**Introduction to MS Word  
2016**

Wednesday, January 24  
10:00 a.m.–noon (Part 1)

Thursday, January 25  
10:00 a.m.–noon (Part 2)

**Android for Beginners**

Wednesday, January 24  
6:30–8:30 p.m. (Part 1)

Thursday, January 25  
6:30–8:30 p.m. (Part 2)

**February registration  
begins Sunday, January 21  
at noon**

**LinkedIn 101**

Monday, February 5  
6:30–8:30 p.m.

**Instagram 101**

Tuesday, February 6  
6:30–8:30 p.m.

**Digital Camera & Photo  
Editing Basics**

Monday, February 12  
6:30–8:30 p.m. (Part 1)

Tuesday, February 13  
6:30–8:30 p.m. (Part 2)

**Computer and Internet  
Basics**

Wednesday, February 21  
6:30–8:30 p.m. (Part 1)

Thursday, February 22  
6:30–8:30 p.m. (Part 2)

**Keep Your Computer Safely  
Running**

Tuesday, February 27  
6:30–8:30 p.m. (Part 1)

Wednesday, February 28  
6:30–8:30 p.m. (Part 2)

**March registration begins  
Sunday, February 18 at  
noon**



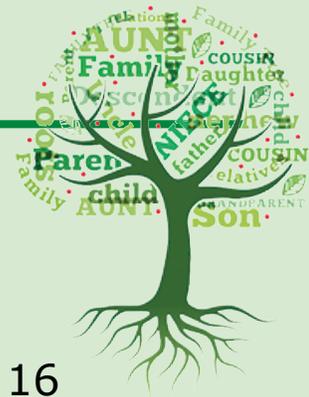
## Pearl Harbor: A Day of Infamy

Tuesday, December 12  
7:00 p.m.  
Carnegie Community Room

It was a day that would live in infamy forevermore—December 7, 1941. That morning Japanese warplanes appeared over the Hawaiian Islands to launch a surprise aerial bombardment of American air and naval installations. Using individual stories from the men who responded to the attack, battlefield expert Robert Mueller presents the tactics and the consequences of the most treacherous assault ever launched upon American soil.

**REGISTER**

## Genealogy Series



### Exploring Church Records

Tuesday, January 16  
7:00 p.m.

Carnegie Community Room

Church records contain more than basic vital records. Professional Genealogist Jacquie Schattner will explain how these chronicles can provide clues to much more, including town of origin and immigration information, how active families were in their church, and their financial situation. Come find out the new and exciting information about your ancestors that you can learn through their church records.

**REGISTER**

### Genealogy Basics for Beginners

Saturday, February 24  
10:00 a.m.

Carnegie Community Room

Professional Genealogist Caron Primas Brennan will introduce you to the tools needed to start finding your roots, and

discuss the steps to gathering family stories, finding and using key resources and organizing your research. Perfect for the beginner or those who need a refresher course. Stay after the program to work on your research. A reference librarian and volunteers will be on hand to help you get started. **REGISTER**

### **Genealogy 1:1**

Saturday, February 24  
11:00 a.m.–1:00 p.m.

Reserve a 30-minute, one-on-one session for assistance with your genealogy research. A reference librarian and genealogy volunteers will be available to provide information about library resources, how to use one of the library's many genealogy databases, and provide tours of the reference, local history, and genealogy areas of the library. Appointments are required.

**REGISTER**

### **Fascinating Women of History:**

#### **Alice Paul**

Thursday,  
January 11  
1:00 p.m.



Huntley Meeting Room  
Actress and scholar Leslie Goddard portrays suffragist Alice Paul, one of the most dynamic leaders in the fight to win voting rights for women. An innovative and tireless worker, Paul arranged parades, organized the first picketing demonstrations outside the White House, lobbied politicians, and endured imprisonment for women's suffrage. **REGISTER**

## **The Beatles: Their History in an Hour**

Thursday, February  
7:00 p.m.

Carnegie Community Room

As a musical entity, the Beatles have not existed for over 45 years, yet their story, their personalities and most importantly, their music continues to influence our culture and our expectations of popular music. Using audio and visual content, Professor Gary Wenstrup will discuss their career from development in Liverpool, through Beatlemania into the psychedelic phase and final dissolution.

**REGISTER**

## **French Cooking with Chef Gary**

Tuesday, February 13  
7:00 p.m.

Huntley Meeting Room

Join Chef Gary Midkiff to learn how to make four delectable desserts suitable for serving on Valentine's Day. Gary will reveal the secrets of chocolate mousse, crème brûlée, bananas foster and brown sugar sautéed pears. Recipes and tasty bites

will be shared. This program is limited to 60 participants and open to St. Charles Library cardholders through Friday, December 1. If space is still available, it will then open to non-cardholders. **REGISTER**



## **An Afternoon with President Lincoln: A New Birth of Freedom**

Wednesday, February 14  
1:00 p.m.

Carnegie Community Room

Professional Lincoln presenter Kevin Wood portrays one of our nation's most beloved and esteemed historical figures. Lincoln will share quotes from his best-known speeches and writings. Hear a first-hand account from Lincoln himself of the history of the United States from our establishment through the end of the Civil War. **REGISTER**



It's important to protect your eyes all year long, not just in the summer months. Here are "6 Surprising Ways to Protect Your Eyes This Winter" according to Everyday Health:

- ***Wear sunglasses.*** Snow reflects up to 80% of the sun's UV light, so you're being exposed to the harmful rays twice. Remember to wear sunglasses when involved in winter time sports.
- ***Use a Humidifier or Lubricating Drops.*** Cold, dry air irritates eyes which can lead to burning and blurry vision. A humidifier and eye drops will keep your eyes moisturized and prevent these symptoms.
- ***Drink Plenty of Water and Stay Hydrated.*** Drinking enough water will help prevent dry eyes.
- ***Eat More Fish.*** Omega-3 fatty acids can help alleviate dry eyes.
- ***Keep Your Hands Off Your Face.*** Itching, burning, and irritation are symptoms associated with dry eyes. Rubbing your eyes only intensifies these symptoms.
- ***Take Breaks From Your Computer.*** Spending too much time in front of the computer can cause your eyes to be irritated and dry.



## Staying Active During the Winter Months

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It's important to remain active all year long, but especially during the winter months. Here are the "Top 5 Ways for Seniors to Stay Active...Even During the Winter!" according to Assisted Living Today:

- Since you cannot escape the wintery cold months, change your attitude towards winter and be positive. Commit to being more productive indoors. Don't complain about the cold!
- Enjoy the wintery outdoors and get some cardio. Dress warmly and even participate in a snowball fight with your grandchildren. Go for a long walk in the snow.
- Spend an hour in the sauna at your local fitness center. This will help you relax and forget about the cold. Consult with your doctor before spending extended periods in the sauna.
- Recognize the benefits of a home workout. If you do not have a treadmill or elliptical, try a workout DVD. Tailor workouts to your preferred level of activity.
- Eat and sleep well as well as remain hydrated. Being well nourished and rested provides a great start to having an active and healthy body all year long.



## 10 Tips on How to Save Money During the Holidays

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Do not let holiday shopping overwhelm you! Learn tips and tricks to stay on budget this holiday season from Bank of America.

- 1)** Set prices for how much you want to spend on each family member or friend
- 2)** Price check items with your smart phone
- 3)** Don't procrastinate with holiday shopping
- 4)** Buy last year's electronics to save money
- 5)** Shop the sales all year long in addition to shopping the sales on Black Friday and Cyber Monday
- 6)** Use a rewards credit card to get money back while shopping
- 7)** Consider making homemade gifts rather than purchasing items
- 8)** Save up for expensive presents
- 9)** Avoid shopping sprees to stay on budget
- 10)** Don't forget to factor in shipping prices when shopping online



## Preventing Holiday Scams

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During the upcoming holiday season, be aware of potential shopping scams. Here are tips from the St. Charles Police Department to prevent and protect yourself from holiday scams.



- Pay attention to those around you. Beware of strangers that approach you for any reason.
- Never lose sight of your valuables.
- Use a purse with a shoulder strap and carry it diagonally across the front of your body.
- Place your wallet in your front pants pocket instead of your back pocket.
- Never park in an unlit or poorly lit parking lot.
- Do not carry large sums of cash on your body, and do not openly display cash.
- Never leave packages visible inside your car. Place them in the trunk if possible.
- Have your keys in your hand when you approach your car. While loading your car do not leave handbags or purses unattended.
- Check your account balances frequently for unauthorized purchases. Report stolen credit cards.

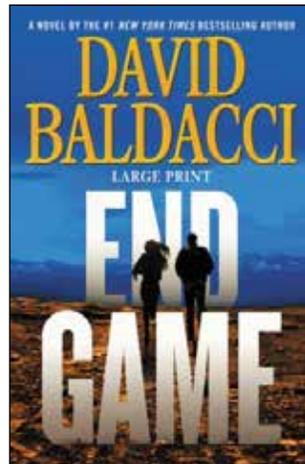
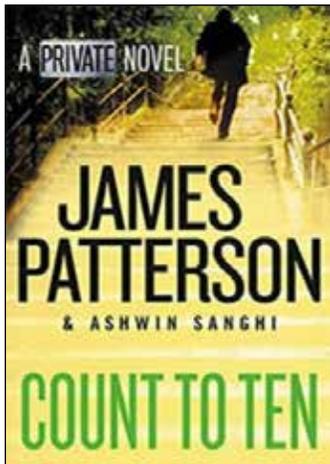
## Ride Through the Stacks!

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Are you having trouble walking through the stacks to find your favorite author? The Library has an electric scooter for you to use in the building. The mobility scooter is available on a first-come, first-serve basis and is located on the main level of the Library. It can be pulled up to our designated computer station in the Info

Commons for easy access, too. Stop by the Library today and try it out!



## New Large Print Releases

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A brochure of selected Large Print New Releases is now available monthly in our Large Print section. Both new fiction and nonfiction titles are featured. If you are an Outreach patron and would like a copy, please ask for one with your next delivery.



## We Deliver!

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If you have difficulty getting to the Library due to mobility, prolonged illness, low vision, or recent surgery, you may qualify for Outreach Services. Call us at 630-584-0076, ext. 219.



**Outreach Services**  
**St. Charles Public Library**  
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[scpld.org](http://scpld.org)